



Fire Department

Emergency Preparedness Noon Hour Education Series

Pasadena Fire Department – Battalion Chief Theodor
Ecklund
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Why Disaster Preparedness?

Fire Department

- Climate Change
- Cyber Threats
- Dam Failures
- Drought
- Loss of Power
- Epidemic/Pandemic, Vector-Borne Disease
- Earthquakes**
- Extreme/Severe Weather**
- Flooding
- Hazardous Materials Release
- Landslide
- Liquefaction
- Natural Gas Pipeline Hazards
- Terrorism
- Transportation Accidents
- Urban Fires**
- Wildland Fires**



Eaton Fire

Fire Department





Why Prepare?

Fire Department

- You are less likely to have problems in either large or small emergencies if you are prepared.
- Large emergencies affect a wide area, overload emergency services, and may mean that you must be self-sufficient for a week or more.



Why Prepare?

Fire Department

- Your ability to get to exits or to gather up your personal items and emergency supplies may be reduced.
- Avoid the common tendency to not think about and plan for possible emergencies.
- **Preparing takes time and effort. You might want to do a little at a time. The important thing is to start. The more you do, the better you can protect yourself.**



A Community Approach

Fire Department



- Humanity thrives on community
 - > Survival rates increase when neighbors know each other (their household makeup, vulnerabilities, etc.)
 - > Statistically – neighbors will respond first. This is important not only in disaster situations, but also in everyday life.



A Community Approach

Fire Department

1 Year Anniversary of the Eaton Fire

Visited the burn sites with Mayor Victor Gordo

Led Congressional delegations, including Minority Leader Hakeem Jeffries & Republican colleagues, to witness the devastation and build bipartisan support for relief efforts

Called for comprehensive soil, air, and water testing

Toured the Rose Bowl Wildfire Command Center

Teamed up with incredible organizations to deliver essential support and resources to our community during the fire and in its immediate aftermath

Hosted a community town hall to answer questions & address concerns regarding debris removal

Held a roundtable with California Members of Congress and LA County officials to discuss ongoing recovery efforts and call for calling for an independent investigation into deadly evacuation order delays in western Altadena

Personally urged President Trump not to forget the people of Altadena and Pasadena and to deliver additional disaster aid without conditions

Honored the 19 lives lost during the Eaton Fire at a vigil

With our community efforts, this was the fastest residential wildfire cleanup in our nation's history

#DenaStrong

Psychological Resilience

- Communities that are more cohesive recover faster.

Communication/care post-event



LA County Preparedness Plan

Fire Department

COUNTY OF LOS ANGELES
STAY SAFE!
STAY IN CONTROL!



EMERGENCY PLANNING FOR PERSONS WITH DISABILITIES, SENIORS
AND OTHERS WITH ACCESS AND FUNCTIONAL NEEDS (AFN)

PASADENA



Ability Assessment

Fire Department

- General Assessment
- Travel
- Evacuation
 - > Before or After Hours



Preparedness Planning

Fire Department

- Ability Self Assessment
- Establish a Support Team
- Create Emergency Plans
- Assemble Emergency Supplies
 - > What to Keep in Emergency Supplies
- Out of State Contact List



Preparedness Planning

Fire Department

- Special Considerations
 - > People with Vision Impairments
 - > Deaf/Hard of Hearing
 - > People with Speech Impairments
 - > Memory, Judgment, Learning, Understanding Disabilities



Preparedness Planning

Fire Department

- Assistive Device Users
- Physical/Mobility
- Allergies, Chemical Sensitivities
- Respiratory Conditions



Build a Support Team

Fire Department

- The first people to assist in an emergency are often your neighbors, friends and co-workers.
- Build support teams with many people at every place where you spend a large part of your day: at work, home, school, community or senior center.



Preparedness Planning

Fire Department

- Do not depend on any one person. Buddy systems (choosing and training one person to assist you in an emergency) have weaknesses. You and your buddy may not be able to contact each other quickly in an emergency.



Create an Emergency Plan

Fire Department

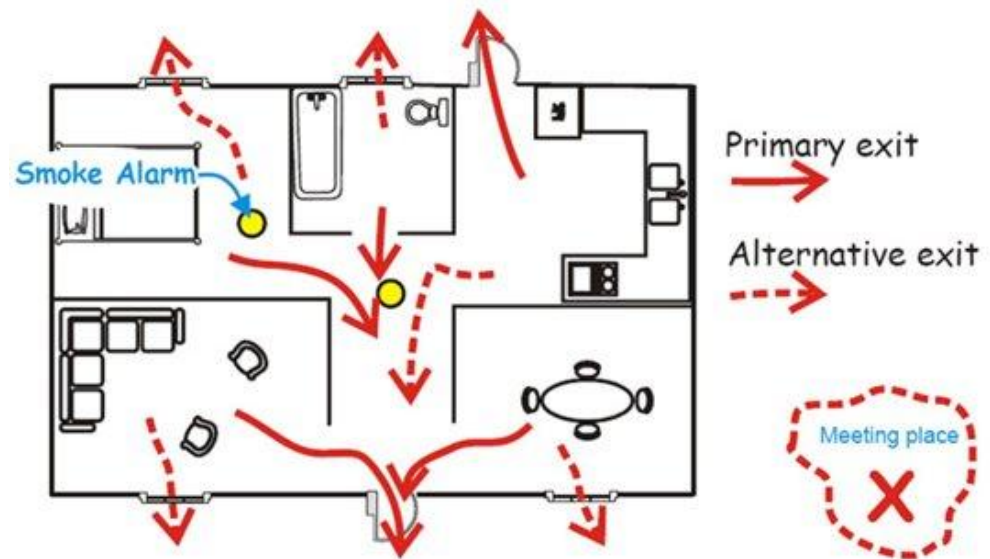
- Electrical Life Saving Devices
- Battery Powered Devices
- Home Plan
- Work Plan
- Miscellaneous sites
 - > Frequently visited
- Practice Your Plan
- Practice with your Support Team



Create an Emergency Plan

Fire Department

- Communication of the plans
- Family or neighborhood organization for response
- Who needs additional help?





Emergency Supplies

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- Home Kit
- Carry on you Kit
- Grab & Go Kit
- Bedside Kit





Emergency Supplies

Fire Department



First Aid

Only buy items that you know how to use. Keep a supply that will last at least a week. Customize it to fit you!



Emergency Lighting

Do not use matches or candles if there is a suspected gas leak.

Flashlights (always store batteries on the side & have extras)

Other options



Emergency Food

Camp/backpacking stove, fireplaces, cooking utensils (metal), grill, cast iron. Minimum 72 hrs. worth of food.

Everyday food!



Emergency Supplies

Fire Department



Sanitation

Plastic bags, toilet (portable camp, bucket), large trash cans, toiletries (toilet paper, soap, pads & tampons, etc.)



Medication

If possible, keep extra medicine on hand.
Keep a copy of your prescription readily available.



Drinking Water

One gallon per person/day;
recommended supply is 3 day for each household member.

For a checklist visit [Ready.gov/Kit](https://www.ready.gov/kit)



Emergency Supplies – Home Kit

Fire Department

- Large home kit
- Items to be self-sufficient for days
- Includes:
 - > Water
 - > Food
 - > First-aid
 - > Bedding
 - > Tools
 - > Emergency supplies





Emergency Supplies – Carry Kit

Fire Department

- Essential items you keep on you at all times
- Includes:
 - > Essential Medications and/or prescriptions
 - Insulin, etc
 - > Breathing Treatments
 - > Cash





Emergency Supplies – Grab & Go Kit

Fire Department

- Easy to carry Kits if leaving a location quickly
- Moderate sized kit of essentials but still portable
- Includes:
 - > Weather resistant clothing
 - > Flashlights
 - > Portable food
 - Energy bars, etc





Emergency Supplies – Grab & Go Kit

Fire Department

- Items needed if trapped in or near bed and unable to access the rest of the house
- Includes:
 - > Bottled Water
 - > Flashlight
 - > Whistle
 - > Energy bars, Granola bars
 - > Access to meds





Emergency Supplies - Food

Fire Department

- Choose Food you like
- Ready to Eat
- In containers you can open
 - > Durable
 - > Tools to open
- Containers you can handle
 - > Not too heavy
- Long shelf life
- <http://www.redcross.org/>





Medications

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- 3-14 day supply
- Physician consultation
- Extra prescription copies
- Rotate medications
- Pharmacist consultation
- Plan if medical treatments required
- Smoker
- Vitamins or illness prevention supplements
- List of all medications and details



Important Documents

Fire Department

- Store in sealable plastic bags
- Copies of prescriptions
- Emergency Health Information
- List of model, serial numbers of medical equipment
- Copies of insurance, benefit cards, Social Security cards
- Send copies of these documents to out of state contacts.





Additional "family" members

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Emergency Contracts

Fire Department

- List of local contacts
- List of out of state contacts

Out-of-State Contact List

Keep a list of out-of-state friends or relatives that household members can call if you are separated during a disaster. It is often easier to call outside the affected area after an emergency because long distance phone lines are often free when local phone lines are jammed. List contacts in priority order (the first person reached should call others on the list to let them know you are ok). Give each person on your contact list a copy. Keep a copy with all of your other emergency supplies.

NAME	E-MAIL	
ADDRESS		
HOME #	CELL #	WORK #

NAME	E-MAIL	
ADDRESS		
HOME #	CELL #	WORK #

NAME	E-MAIL	
ADDRESS		
HOME #	CELL #	WORK #

* TIP: If you use telephone relay services, be sure your out-of-state contacts know that 7-1-1 is the universal code for these calls. This code can be used by anyone anywhere in the county for voice-to-TTY calls.



Emergency Contacts

Fire Department

- List of out of state friends or relatives that can be contacted in an emergency
- Often easier to call outside the area of emergency
- List contacts in priority order
- Keep a copy with all other emergency supplies
- Tip: 7-1-1: Code for telephone relay services



Evacuation

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Evacuation Warning vs Order

Fire Department





Key Types of Emergency Alerts

Fire Department

- Wireless Emergency Alerts (WEA)
 - Emergency Alert System (EAS)
 - Weather Radio
 - Local Alert Systems**
 - > PLEAS
 - > Alert LA County
- **Require residents to opt-in

PLEAS - Pasadena Local Emergency Alert System

Home · PLEAS - Pasadena Local Emergency Alert System

In order to communicate emergency and other urgent messages to residents and community members within Pasadena, the City has implemented an emergency notification system known as PLEAS, or the Pasadena Local Emergency Alert System.

[Register for PLEAS](#)

EMERGENCY NOTIFICATIONS

There are many emergency mass notification communication tools available to residents and businesses in Los Angeles County. A few examples of these tools include the following:

Alert LA County



Alert LA County is an opt-in mass notification program utilized by the County of Los Angeles that allows individuals to receive emergency alerts by text, email and/or phone call. Alert LA County has accessibility features for people with disabilities and others with access and functional needs. Once registered, add the Alert LA County telephone numbers to your contacts.

- [Register for Alert LA County](#)



Prepared Pasadena teaches basics skills

Fire Department



Medical Operations

Light Search & Rescue Techniques

Using a fire extinguisher



Summary

Fire Department

Get Informed:

Identify common local hazards (e.g., floods, storms, wildfires) and sign up for emergency alerts.

Make a Plan:

Develop an evacuation strategy, identify shelter-in-place locations, and establish a communication plan to reconnect with loved ones.

Build a Kit:

Assemble emergency kits with essentials like food, water, medications, flashlights, and batteries.

Practice:

Conduct regular drills (e.g., fire or evacuation rehearsals) to build "muscle memory" for high-stress situations.



Information Links

Fire Department

- To sign up for Prepared Pasadena choose a date and register at:
www.cityofpasadena.net/fire/events/
- To sign up for PLEAS – Pasadena Local Emergency Alert System -
www.cityofpasadena.net/fire/pleas/
- To access the “Stay Safe, Stay in Control” booklet visit: www.lacounty.gov/residents/older-adults/emergency-preparedness/
- The link to GenasysProtect:
www.protect.genasys.com/

Thank you for hosting me today!

Questions?

