



Our Birth Partnership

At Huntington Hospital Family Birth Center, our goal is to deliver the custom birth experience you want, while maintaining a safe outcome and positive birth experience.

We want to get to know you and your family to learn what is most important to you and create a birth partnership. As you anticipate your birth experience, we encourage you to talk with your care provider about your pregnancy and birth preferences and update this plan as frequently as needed.

Please share and review this birth partnership plan with your Huntington Hospital team when you arrive at the Family Birth Center.

About Me

My name is: _____ I prefer to be called: _____

My labor support people are: _____

My obstetrician is: _____

My baby's pediatrician is: _____

I have an important medical issue that my birth team should know about: _____

These are methods I have used or plan to use to prepare for childbirth and post-birth period (classes, books, doula, etc): _____

I am worried about these things: _____

These things help me relax: _____

These are my cultural, religious or personal preferences that are important to me: _____

My Labor and Birth

During my labor and birth, these things are important to me: _____

I am interested in the following comfort/pain management techniques and measures (e.g., breathing/relaxation techniques, freedom to move around the room and change positions, massage, birth ball): _____

For coping during labor and birth, my goal is:

Unmedicated labor and birth

IV medication, if needed

Epidural, if needed

When baby is arriving, I'd like my birth partner to be involved in this way (e.g., my partner would like to cut the cord, I would like my partner at my side, I would like my partner to assist with skin-to-skin): _____

After Baby is Born

During my time on the Mother Baby Unit, these are the most important things to me: _____

My preferred method of learning is: _____

My newborn feeding plan is: _____

Notes you would like to share with your care team: _____