

## Senior Care Network Programs and Services

Senior Care Network offers programs to keep adults and older adults with disabilities healthy, productive and independent. We also assist their families. A special focus is on helping individuals obtain the community services they need to remain living at home.

**The Resource Center** provides free telephone information and assistance on community resources related to aging and disability needs, health and caregiving. Some commonly asked questions:

- Where do I get information about home delivered meals?
- How can I get help for my mother at home?
- Who can I call with questions about medical insurance?

**Care coordination programs** assist with problem solving and connection to services such as personal care, meals, house cleaning and transportation to help individuals live as independently as possible. Social workers and nurses work with the individual and family to identify needs, design a plan of care, assist in obtaining recommended services and monitor the care.

**Support for caregivers** includes education and skill-building classes and access to resources such as individual counseling, support groups and an out-of-area referral network. Services are free of charge or provided for a small fee.

**50+ Health Connection** is a free membership program for anyone 50 years of age or older that sponsors educational programs to promote healthy aging.

**The Senior Caring Fund** supports older adults (50+) in the Greater San Gabriel Valley who have a health-related need that isn't covered by other sources. Health or social services professionals can submit applications for a one-time or short-term grant to fund equipment, services, or supplies.

**For more information on Senior Care Network, please contact us at:**

(626) 397-3110 / (800) 664-4664

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