

Diabetes Empowerment and Education Program (DEEP)

Need help managing pre-diabetes or diabetes?

This program encourages lifestyle changes while learning about the condition and how it affects health. Join us for this free self-management course offered in a relaxed and supportive environment.

Registration is required for this 6-week series. To learn more about the next start date:

Contact Kathy Eastwood, RN at (626) 397-2068.

