



# HouseCall!

*Legacy Donor profile*

## Prioritizing What Matters Most

**W**hen Bob and Vicki Bond started planning their estate, they faced some important questions. Bob explains, “Planning an estate is one of those tasks that no one wants to do, but everyone needs to do. Once we did, it really helped us think about what our priorities were.”

The Bonds started donating to Huntington Hospital a few years ago after positive experiences here, including a trip to the Nan and Howard Schow Emergency & Trauma Center and successful cancer surgery on Bob’s eyelid.

“Being a patient gives you a deeper appreciation for this great resource,” Vicki says. “Huntington is so well established in so many fields, and have specialists for everything. Most importantly, you can tell the hospital values and cares for each of their patients as individuals.”

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**Vicki and Bob Bond**

Huntington Hospital Donors Since 2008

Members, President’s Circle and Legacy Gift Society



### **INSIDE:**

Grateful Patient—  
Anita is cancer-free with  
help from Huntington  
Hospital’s devoted staff.  
*See page 2*

## Grateful Patient Profile—Anita

# We've Got You Covered: The Course of Cancer Care



“My entire care team was devoted to helping me fight breast cancer and I can’t thank them enough.”

**T**hanks to care received at Huntington Hospital, Anita Chavez is now cancer-free. When she found a lump during a breast self-examination, “I knew immediately that it was cancer,” she says. “I had a history of developing cysts — and the lump I found felt different.”

Anita’s physician referred her to our Jim and Eleanor Randall Breast Center. Diagnostic tests confirmed that the lump she had found was cancer — and she went on to receive treatment here, via breast surgery as well as radiation therapy and chemotherapy.

Over the course of her care, Anita took advantage of some of the many supportive services — including acupuncture and hypno-therapy — available to our cancer patients. She also turned to our Constance G. Zahorik Appearance Center for help managing the aesthetic side effects of cancer treatment.

“Huntington Hospital Cancer Center treats the whole person — mind, body, and spirit,” Anita says. “My entire care team was devoted to helping me fight breast cancer and I can’t thank them enough.”

## ‘Check This Out’ for Your Heart Health

Nearly half of the adults in the U.S. have high blood pressure. Left unchecked, high blood pressure can cause serious health problems.



**Now you can check your blood pressure the next time you check out a book at the library.** At the Pasadena and Altadena Libraries, community members can now check out a blood pressure kit (provided by the American Heart Association Southern California).

The kit includes a BP cuff, instructions on how to self-monitor blood pressure at home and educational materials. It’s just like checking out a book! Free blood pressure screenings are also available at the Altadena Library once a month, courtesy of Huntington Health.

# Prioritizing What Matters Most

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When discussing their priorities, the Bonds decided it was time to put more of an emphasis on supporting the hospital's work — both for their benefit and for the good of the community. Vicki and Bob decided to increase their annual giving and become members of the President's Circle. In addition, they generously included Huntington in their estate plans — earning them a place in our Legacy Gift Society.

“Having a world-class hospital in the area improves the quality of life here,” Bob says. “You never know when you're going to need it yourself ... It makes Pasadena a nicer place to live.”

Although they have travelled the world and considered moving away from the San Gabriel Valley, the couple says Huntington Hospital is one of the reasons they have not left.

The Bonds hope their story will inspire others to include Huntington Hospital in their estate planning. “It's a process people tend to put off, but it's so important,” Vicki says. “When you start to feel confident in your financial situation, it's time to think of what you can do to help your community continue to thrive into the future. It's an important institution, and it does a lot of good for a lot of people.”

“Planning an estate is one of those tasks that no one wants to do, but everyone needs to do.”

## Your Legacy of Care

To learn about including Huntington Hospital in your will or trust, please visit [huntingtonhospital.giftlegacy.com](http://huntingtonhospital.giftlegacy.com).

For assistance, please contact Helen Bechtolt, CSPG, Senior Director, Principal Gifts, at (626) 397-8681 or email [helen.bechtolt@huntingtonhospital.com](mailto:helen.bechtolt@huntingtonhospital.com). If you have already included the hospital, kindly let us know so that you are recognized in the Legacy Gift Society.



# Healthy Babies!

At Huntington, our family is always here to take care of yours.

**B**lue Shield of California has named Huntington Hospital with a **Blue Distinction® Centers (BDC) for Maternity Care designation**, as part of the Blue Distinction Specialty Care program. “This distinction is a testament of our commitment to our patients and babies to provide excellent and equitable maternity care. The BDC for Maternity Care designation is a significant achievement for not only our hospital as a whole, but particularly for our team of dedicated nurses, physicians, and staff from our Family Birth Center and Mother and Baby Unit who help deliver and care for over 3,000 babies every year,” said Lori J. Morgan, MD, MBA, president and CEO, Huntington Health.

Huntington Hospital has also been recognized by **U.S. News & World Report as High Performing in Maternity Care!** Thanks to support like yours, at Huntington, a personalized birthing experience includes access to:

- Board-certified OB/GYN physicians and anesthesiologists who are available 24/7.
- An obstetrical emergency department and a dedicated high-risk pregnancy unit.
- A registered nurse from our Baby Bonding Team who monitors a newborn’s health and helps with skin-to-skin care and breastfeeding.
- A Level III NICU that provides the most advanced neonatal intensive care available in the San Gabriel Valley.
- Virtual-live classes that are available to support parents from pregnancy to parenthood. With strict screening and infection prevention measures in place, our hospital is still the safest place to have a baby.



“Thanks to your support, Huntington Hospital is recognized by U.S. News & World Report as High Performing in Maternity Care.”



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